

**Institute of Education and Research**  
**Faculty of Education**  
**University of the Punjab, Lahore**



<b>Program</b>	<b>Bachelor of Education (B.Ed.)</b>		
<b>Course Title:</b> Human Development		<b>Course Type:</b> Major Course	
<b>Course Code:</b> MCEd-201	<b>Credit Hours:</b> 3	<b>Duration:</b> 16 Weeks	
Introduction	Human development is the stages of physical, social, mental and linguistic growth that occur from birth through age eight. The teachers need to know knowledge and understanding of young children characteristics and needs. Thus knowledge of child development is fundamental for all early age teachers and teacher educators. It enables teacher to implement developmentally appropriate practices with all children. This requires multiple areas of children's development and learning including physical, cognitive, social, emotional, language and aesthetic domains. The course has been designed to include all these areas. Efforts were made to highlight all the important aspects of human development.		
Learning Objectives	<p>After studying this course, the student will be able</p> <ol style="list-style-type: none"> <li>1. Know basic concepts in human development, growth and learning</li> <li>2. Understand process of human development and its classroom application</li> <li>3. Explain various aspects and stages of human development</li> <li>4. Differentiate between different approaches of human learning</li> <li>5. Evaluate individual differences and their effect on teaching learning.</li> </ol>		
Course Content	<p><b>Unit 1 Introduction</b></p> <ol style="list-style-type: none"> <li>1.1. Definitions of Human Development and Growth</li> <li>1.2. Difference between Growth and Development</li> <li>1.3. General Principles of Human Development</li> <li>1.4. Factors influencing Human Development</li> <li>1.5. A Frame work for studying Human Development</li> </ol> <p><b>Unit 2 Physical Development</b></p> <ol style="list-style-type: none"> <li>2.1. Concept and definition of individuals</li> <li>2.2. Physical Development from Infancy to Adolescence</li> <li>2.3. Physical Characteristics of Learners of:</li> <li>2.4. Preschool and Kindergarten</li> <li>2.5. Primary Level</li> <li>2.6. Elementary Level</li> <li>2.7. Secondary Level</li> <li>2.8. Higher Secondary Level</li> <li>2.9. Role of Teacher in Physical Development</li> </ol> <p><b>Unit 3 Intellectual Development</b></p> <ol style="list-style-type: none"> <li>3.1. Intellectual Development from Infancy to Adolescence</li> <li>3.2. Intellectual Characteristics of Learners of:</li> <li>3.3. Preschool and Kindergarten</li> <li>3.4. Primary Level</li> <li>3.5. Elementary Level</li> <li>3.6. Secondary Level</li> <li>3.7. Higher Secondary Level</li> </ol>		

	<p>3.8. Role of Teacher in Intellectual Development</p> <p><b>Unit 4 Social Development</b></p> <p>4.1. Social Development from Infancy to Adolescence</p> <p>4.2. Social Characteristics of Learners of:</p> <p>4.3. Preschool and Kindergarten</p> <p>4.4. Primary Level</p> <p>4.5. Elementary Level</p> <p>4.6. Secondary Level</p> <p>4.7. Higher Secondary Level</p> <p>4.8. Role of Teacher in Social Development</p> <p><b>Unit 5 Emotional Development</b></p> <p>5.1. Emotional Development from Infancy to Adolescence</p> <p>5.2. Emotional Characteristics of Learners of:</p> <p>5.3. Preschool and Kindergarten</p> <p>5.4. Primary Level</p> <p>5.5. Elementary Level</p> <p>5.6. Secondary Level</p> <p>5.7. Higher Secondary Level</p> <p>5.8. Role of Teacher in Emotional Development</p> <p><b>Unit 6 Moral Development</b></p> <p>6.1. Morality as Rooted in Human Nature</p> <p>6.2. Morality as the Adoption of Social Norms</p> <p>6.3. Moral Reasoning</p> <p>6.4. Development of Morally Relevant Self-Control</p> <p>6.5. Correlates of Moral Conduct</p> <p><b>Unit 7 Language Development</b></p> <p>7.1. What is Language?</p> <p>7.2. Components of Language</p> <p>7.3. The Sequence of Language Development</p> <p>7.4. Biological and Environmental Influences on Language Development</p> <p><b>Unit 8 Human Learning</b></p> <p>8.1. Definition and Concept of Learning</p> <p>8.2. Process of Learning</p> <p>8.3. Factors Affecting Learning</p> <p>8.4. Thorndike's Laws of Learning</p> <p>8.5. Transfer of Learning</p> <p><b>Unit 9 Approaches to Learning</b></p> <p>9.1. Behavioral Approach</p> <p>9.2. Cognitive Approach</p> <p>9.3. Social Learning Approach</p> <p>9.4. Humanistic Approach</p> <p><b>Unit 10 Individual Differences</b></p> <p>10.1. Sources and Types of Individual Differences</p> <p>10.2. Dealing with Academic Ability Grouping</p> <p>10.3. Differences in Learning and Thinking Styles</p> <p>10.4. Effects of Individual Differences on Learning</p>
Text Book(s)	<p>Arif, H. A. (2003). <i>Human Development and Learning</i>. Lahore: Majeed Book Depot.</p> <p>Berk, L. E. (2006). <i>Child Development</i>. Pearson Prentice Hall: Pearson Education, Inc.</p>

	Dembo, M. H. (1994). <i>Applying Educational Psychology</i> . New York: Longman. Mehnaz, A. (2007). <i>Assessing children's Development through observation</i> . Children's Global Network Pakistan.
Teaching/Learning Strategies	Lecture Discussion Cooperative Learning Class activities Applied Projects
Evaluation Criteria	Assignment/Project/Presentation 25% Mid Term 35% Final Term 40%